

Children form healthy eating habits in their early childhood years. The lessons they learn in childhood may last a **lifetime**.

Good

EATING HABITS do not just happen – they must be learned.

Presenting children with a variety of nutritious foods can help them learn to make nutritionally sound food choices.

All child care providers can support positive eating habits by introducing children to new foods, encouraging favorable attitudes toward food and encouraging children to eat a variety of foods.

TRAINING REQUIREMENTS

Providers must attend food program training every year. Your sponsor will help you decide which training you will need in order to be on the program, and help you keep your training current.

2014–2015

FAMILY DAY CARE HOMES PROGRAM

CHILD NUTRITION PROGRAMS

Utah State Office of Education
250 East 500 South
P.O.Box 144200
Salt Lake City Utah 84114–4200

Phone: (801) 538–7680



FAMILY DAY CARE SPONSORS IN UTAH

Alliance for Children

Paula Barton
5667 S. Redwood Rd. # 5A
Taylorsville, UT 84123
Phone: (801) 313–1090
Toll-Free: (800) 773–4731
E-mail:
allianceforchildrenutah@gmail.com
Web: allianceforchildrenutah.org

Helping Hands

Susan Ison
2964 West 4700 South #111
West Valley City UT 84129
Phone: (801) 955–6234
E-mail:
mail@helpinghandsutah.com
Web: helpinghandsutah.com

C & W Incorporated

Joni Greenwell
8364 S. Top of the World Drive
Salt Lake City, UT 84121–6058
Phone: (801) 733–9446
E-mail:
candwfoodprogram@gmail.com
Web: candwfoodprogram.com

INCA—Infants Nutrition and Care Associates

Debra Holbrook
333 2nd Street, #15
Ogden, UT 84404–7406
Phone: (801) 393–0222
Toll-Free: (800) 748–5155
E-mail:
incafood333@gmail.com

Child Care Nutrition Program

Jeanie Peck
6830 Old Main Hill USU
Logan UT 84322–6830
Phone: (435) 797–2169
Toll-Free: (800) 540–2169
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Web: cnputah.org

Orem Child Care Nutrition Program Inc.

Dio Owczarzak
563 West 1700 North
Orem, UT 84057–2523
Phone: (801) 224–2143
Toll-Free: (800) 369–8936
E-mail:
dio.occn@gmail.net
Web: occnpg.com

Child Management Associates

Elaine Jensen
8831 S. Redwood Rd Suite D1
West Jordan UT 84088
Phone: (801) 566–1007
Toll-Free: (800) 223–3317
E-mail:
elaine1@qwestoffice.net
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Martell Menlove, Ph. D, State Superintendent of Public Instruction

UTAH STATE OFFICE OF EDUCATION

THE CHILD AND ADULT CARE FOOD PROGRAM



Family Day Care Homes (FDCH)

A federally funded program designed to offer aid to help day care homes provide nutritious meals to children ages 12 and under.

ELIGIBILITY

Meals and REIMBURSEMENT

To qualify for the FDCH program, family day care homes must be state licensed, residential certified or qualify for relative care.

For More INFORMATION

Contact any of the sponsoring organizations on the other side of this handout for more information. A Family Day Care Home provider can choose any of the sponsors, but once the provider signs an agreement with a sponsor, it cannot transfer to a different sponsor before the annual renewal date of the agreement and must complete a request for transfer.

2014–2015 RATES

Family Day Care Home providers can be reimbursed for a maximum of two meals and one snack or two snacks and one meal for each child each day. The provider submits a monthly claim to its sponsor for the meals it has served, and receives payment for the meals from its sponsor.

Meal	Tier I	Tier II
Breakfast	\$1.31	\$0.48
Lunch/Supper	\$2.47	\$1.49
Snack	\$0.73	\$0.20

THERE ARE TWO LEVELS OF REIMBURSEMENT:

Tier I Is the higher level of reimbursement and is assigned when the provider is located in a low-income area or is a low-income household. Tier I reimbursement is also received for children who are from low-income households. Your sponsor will determine which rate your home will receive.

Tier II Reimbursement is received for all other households.

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